

1 in 4 – Sexual Assault Prevention

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Description/Statement of the Problems

In the first nine weeks of school, 25% of college freshman women experience some level of victimization. Only 20% of these cases are reported, with 80% being one by someone the victim knew prior.

Importance of the Project

- the confidence that perpetrators have that victims will not report their crimes emboldens them to continue these attacks
- increasing the rate of incident reporting, I hope to decrease the rate of completed sexual assaults
- Among college assaults, only 20% get reported and 80% of assaults are done by a peer (BJS).
- 17.8% of college aged men self-report being sexually aggressive and 3.4% percent engaging in what would legally be considered a rape

Other's Solutions

On our campus and others, solutions have included providing sexual assault prevention and education for male students, having campaigns for assault prevention, therapeutic/academic support

The Project/The Selected Approach to the Problem

This program aims to increase academic performance and mental health in those students who have been victimized, as well as increase assertion and empowerment in women on campus in order to reduce completed sexual assaults and increase reporting rates in the instance of completed attempts

What was achieved

Identified partners in the local community and abroad in order to implement this program in the long term on UT's campus and others.

Spoke with survivors and sexual assault based nonprofits to determine where the needs lie and better understand the problem

Potential Partners

Battle Rock Krav Maga
UT Student Counseling Center
UT Police Department
Title IV
Dean of Students Office
The University of South Carolina
The Hive community Circle

Final Project Status

Currently building a curriculum and guidelines for the program in order to provide and maintain a therapeutic community along side of the self defense aspect

Leadership Highlights

I learned through this project that asking for help or sharing your vision with other can open doors you never thought were there. By sharing this project with a mentor, I may be able to bring something similar to another campus.

Future Project Plans

I hope to continue this and build it to be a framework that can be utilized on different campuses. I will use this project and possibly more to build my career. Ultimately, I want victims to feel heard and understood. I want them to get back their power and come back stronger than ever.

References:

- Provide 3 references